

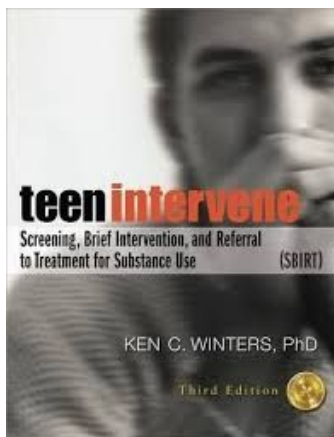
PLSD Wellness Supports



OhioGuidestone: MH Service

OhioGuidestone provides school-based counseling including counseling and support for children with emotional and behavioral problems that have trouble focusing on learning. Clinicians help children with coping skills and strategies, which can lead to improvements in attendance, school performance, behavior, and social interaction with others. In-person or telehealth services include: individual counseling, case management, home visits, teacher/administrator consultations, and information and referrals to other agencies.

- These services are available to parents across the district with children in grades K-12.



Teen Intervene

Teen Intervene is a comprehensive, evidence-based intervention program for students receiving disciplinary action for drug-related offenses to reduce punitive discipline for general education students and student-athletes. The program is an SBIRT model that helps teens self-identify a substance use disorder, provides a brief plan for intervention, and guides the referral to treatment if indicated. The intervention includes the stages of change model, motivational interviewing, and cognitive-behavioral therapy. The

program is delivered in 3 to 4 sessions, approximately one week apart to allow for goal setting and tracking of behavior changes. The last session includes an update to the parent.

- Teen Intervene is provided to individual students as occurrences arise for a personalized approach in a timely manner.



[Big Brothers Big Sisters](#)

Big Brothers Big Sisters of Fairfield County matches adult volunteers (Bigs) with kids (Littles) to provide supportive one-to-one mentoring relationships that have a measurable and transformative impact on the lives of youth, mentors, and the community. By partnering with parents/guardians, volunteers, and others in the community, BBBS seeks to impact the following in children: higher aspirations, greater confidence, and better relationships; avoidance of risky behaviors; and educational success.

- These school-based services are available by referral.



[FAIRHOPE Hospice](#)

Cost-free, school-based grief support is available through FAIRHOPE's PALS for grieving children program. Using art, worksheets, and conversation, children will work

with a trained grief navigator in a peaceful, accepting, loving, and supportive environment to learn healthy ways to grieve. The grief navigator schedules grief support sessions at a time convenient to the child's schedule. Sessions are scheduled for 20 to 30 minutes for four weeks. At the end of each session, the child will bring home a newsletter describing the session activities and ways for the family to support their child.

- Elementary and middle school students receive priority scheduling for these services.



New Horizons Mental Health Services: Crisis Services

24/7 Behavioral Health Crisis Intervention is provided by New Horizons clinicians via Mobile Crisis Teams. They are available to the schools, families, and community by calling 2-1-1. Walk in and outreach appointments are available for urgent issues.



Educational Partnership for Social, Emotional & Academics (EPSEA)

The Educational Partnership for Social, Emotional & Academics, or EPSEA, is an ESC program funded by Franklin County Children Services (FCCS). Liaisons meet with students individually to develop goals for improving attendance, academic performance, and personal development. To encourage student achievement, EPSEA provides incentives and rewards and utilizes a wide variety of supports to help students reach their goals. The EPSEA liaisons work closely with caregivers, FCCS service teams, and school and agency staff to identify and address issues affecting student performance.

