

RETURN TO PLAY - ATHLETIC TRAINERS GUIDELINES PHASE 3

The following guidelines govern social distancing and safety procedures for pupil activity programs that practice, train or compete during the summer of 2020. All of these activities must be performed in accordance with Ohio Department of Health (“ODH”) orders, OHSAA guidance, and the procedures described below. These procedures are intended to adhere to ODH and OHSAA requirements; if any of these procedures are in conflict with ODH orders or OHSAA guidance as they currently exist or as they may be modified in the future, those other sources will control.

- **HS and JH athletics will begin phase 3 on July 6**
- Maintain google form for students and coaches. One form will be for coaches. Each sport would have their own separate form. Coaches would have access to Google Sheet for his/her respective sport which will have student’s information in it. Athletic administration including athletic secretaries and athletic trainers will have access to all information to continuously monitor. It is the coaches responsibility to ensure students have completed form prior to conditioning/practices.
- A student or coach who stays home and/or is sent home for being sick and has a fever of 100 or more, must stay home for a minimum of 3 days and must have a physician's note clearing them to return.
- **When a student/coach is traveling on vacation out of the state (or city) there is no longer the need to self quarantine for 14 days. When they return, the student/coach can rejoin the workouts. When returning they should continue monitoring them as we are doing daily and stay home if they are sick.**
- Randomly check the temperature of students as they arrive.
- Maintain and order supplies
 - *hand sanitizer
 - *wipes
 - *gloves
 - *air quality machine (weight room)?
 - *hand sprayer plus disinfectant (from wrestling for weight room, equipment, gator)
 - *thermometers
 - *tissues
 - *paper towels
 - *sanitizing spray
- Athletic training facilities (ATF) will remain off limits except for emergencies. Anyone entering the ATF should gain clearance from Kylie or Kim.
 - Those entering the ATF should wash hands with soap and water or use hand sanitizer upon entry and prior to leaving. He/she should fill out the sheet on the

door regarding when they entered and left due to current recommendations by PLSD.

- Keep ice machine locked and provide ice when needed
- Keep medical kits supplied and cleaned.
- Keep a record of any student who is sent home or does not attend due to illness. Coaches MUST communicate this with athletic trainers ASAP.
- Water will not be provided by the school until it is deemed safe and appropriate
- Any athlete or coach with a temperature of 100.0 °F or higher will be sent home, they must stay home until fever free for 3 days without taking fever reducing medication (tylenol - advil) and must have a physician's note clearing them to return.
- Weather emergencies - the students will be taken into the building for safety and then address social distancing, they will need to be picked up
- Masks- RECOMMENDED for staff, unless they engaged in aerobic activity. Recommended for athletes when arriving and leaving facilities. Masks recommended in the building.
- No high-fives, hand shakes, hugs, etc. for the time being.
- No sharing of equipment
- The AT will address medical emergencies - dislocation, broken leg, etc. The AT, student and/or coach will be required to wear a mask in this situation.
- When not involved in drills/activities should keep 6' distance. If possible limit the number of students in open gyms/fields

June 29, 2020