



Public Health
Prevent. Promote. Protect.

Fairfield Department of Health

Great News!

The Fairfield Department of Health is now a
Nationally Accredited health department!

In the midst of all the craziness going on at the Fairfield Department of Health and in the world, we were informed today that we are now an accredited health department. To receive accreditation, a health department must undergo a peer-reviewed assessment process to ensure it meets or exceeds a set of quality and performance standards and measures.

Please help us in congratulating all the employees of The Fairfield Department of Health on their hard work and dedication during this process!





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In Fairfield County the first confirmed COVID-19 case was March 24, 2020, please don't take comfort in this small number, it is just the tip of what's coming. It's safe to assume there is already community spread. Please understand I am not trying to scare you but rather prepare you and inspire you to practice the **"6 best things you can do now"** to protect yourself, your family and the community!

The 6 best things you can do now

- **Stay home if you are sick**
- **Practice Social Distancing (avoid close contact with everyone, even your family if they are ill)**
- **Wash your hands with soap and water for at least 20 seconds**
- **Cover your cough or sneeze into a tissue**
- **Avoid touching your face**
- **Clean and disinfect frequently touched surfaces and objects**

Over the next several weeks, we're all going to need lots of empathy and compassion toward others, remember, **"It's the virus that's the enemy, not the ill person"**.

Stay positive, stay home and stay healthy!

- **Top 5 things you can do if you are Isolated or Quarantined**
https://coronavirus.ohio.gov/wps/wcm/connect/gov/1094e3d5-fd57-444d-8461-a10de01f4507/Checklist+for+Isolation+or+Quarantine.pdf?MOD=AJPERES&CONVERT_TO=url&CACHEID=ROOTWORKSPACE.Z18_M1HGGIK0N0JO00QO9DDDDM3000-1094e3d5-fd57-444d-8461-a10de01f4507-n3BIRI9
- **Steps to help prevent the spread of COVID-19 if you are sick**
<https://www.cdc.gov/coronavirus/2019-ncov/downloads/sick-with-2019-nCoV-fact-sheet.pdf>
- **10 ways to manage respiratory symptoms at home**
<https://www.cdc.gov/coronavirus/2019-ncov/downloads/10Things.pdf>