**GENERAL INFORMATION**

**WHO:** All sixth graders with parental permission may attend the Outdoor Education Program.

**WHEN:**  
- Ridgeview JH: June 1 – 3  
- Lakeview JH: June 3 - 5

**LOCATION:**  
Heartland Retreat Center  
County Road 225  
Marengo, OH  43334  
740-747-0220  
www.heartlandOE.com

**HEALTH CARE:** A certified EMT is on staff while your students are there, ensuring that medical needs are taken care of immediately and sufficiently. They will also ensure that any medications are distributed safely. A hospital is located nearby should an emergency occur. All medicine will be collected the day students leave for the camp, and will be returned when we return. If your child is on daily medications, we must have the health form properly filled out and signed by a physician.

**RULES:** Rules are made to protect all students in an unfamiliar territory. A general list of rules is found in this packet. Upon receiving two demerits, (two rule violations) a student will be sent home immediately. If necessary, a student may be sent home for a 1st offense, if the behavior warrants such action. It is the parent's responsibility to provide transportation home.

**SLEEPING ARRANGEMENTS:** There are 3 lodges available for student housing. Each lodge has 4 wings, with each wing having 4 or 5 sleeping rooms and a shower room. Each sleeping room provides housing for an average of 9 to 11 campers and 2 counselors for a total of 196 beds in each lodge.

**COST:** The cost of the program is $160.00. This includes: 24-hour EMT care, meals, snacks, insurance, lodging, the use of the facilities, materials and a camp t-shirt. Please make checks payable to Toll Gate Middle School PLSD. **All forms and payment are due by May 1, 2015.**
Packing List

Please note: You will be limited to one suitcase and one bedroll. Please label all belongings with your name and school on them.

Bedding
You will need to bring a sleeping bag or 2-3 blankets and sheets. Please place your sleeping gear in a plastic trash bag in order to keep it from getting wet. Bring a pillow (with a pillow case). Be prepared for cool nights.

Clothing
We suggest students bring old but clean clothing. Clothing should be marked.
- Pajamas
- Two pair of shoes with laces
- Daily change of socks and under clothing 6-8 pair. (Extra socks are recommended)
- Heavy and light shirts
- Jacket and/or Sweater
- Poncho, raincoat and waterproof shoes or boots. Umbrellas will not be needed.
- Jeans or sweat pants - No dresses
- Shorts – appropriate length

Toiletries
- Toothpaste and toothbrush
- Soap, shampoo, and conditioner in a ziplock baggie
- Bath towels and washcloths
- Comb or brush
- Deodorant
- Sunscreen, Chap Stick, insect repellent (non-aerosol)
- Glasses Case
- Water bottle

Optional
- Camera (disposable preferred with name on it)
- Sunglasses
- Hat

Please leave at home:
Tank tops, Laser pointers, Pagers, Money, Card games, Chewing gum, Knives, Hairdryers, Electronics, Axes, Matches, Comic books, Food and candy, Firearms/fireworks, Radios, CD Players, iPods, Electronic video games, Cell Phones, Shirts that cannot be tucked in, Jewelry is discouraged

IF YOU BRING ANYTHING THAT YOU HAVE BEEN TOLD NOT TO BRING TO CAMP, YOU WILL HAVE TO GO HOME. NO EXCEPTIONS
THE PURPOSE / GOALS

I.) Purpose
a.) A resident outdoor education program helps students appreciate their environment in ways not attainable through a classroom setting.

II. Goals
a.) Develop a sense of environmental values in students that will make them aware that the earth is a place for cooperation, a place to be used and enjoyed in many ways, but not to be exploited.
b.) Develop an awareness of problem-solving techniques.
c.) Enrich the regular school curriculum through the use of resources of the outdoors.
d.) Provide a positive approach to learning, (to be accomplished, in part, by setting up a more informal learning situation so that students who are failure-prone within the context of the classroom will have a greater chance at success.)
e.) Study the eco-system of our environment and acquire such concepts as interdependence, variation, diversity, adaptation, and succession through direct contact with the natural environment.
f.) Enhance student-teacher relationships.
g.) Develop an appreciation for beauty in nature.
h.) Find fun and adventure in the cooperative effort of exploring the world of nature.

RULES OF BEHAVIOR

Due to the unique surroundings at camp, certain rules have been established governing the behavior of students while they are in camp. These will be reviewed with the students before they arrive at camp. A demerit system will be used for violations of these rules. If a student receives two demerits, he or she will be sent home immediately. It would then be the parents’ responsibility to provide transportation home.

1. Shoes must be worn at all times, except in the cabin.
2. No activity is permitted unless supervised by an adult.
3. Students must report any injury or sickness to the nurse immediately, day or night. Persons seriously ill should not be moved or made to walk to the health center; the nurse should be summoned to them.
4. Collecting is restricted. Do not pick anything unless permission has been given by the Camp Director.
5. Any and all animals captured for study purposes are to be released unharmed in the habitat where found.
6. All students should stay out of cabins other than their own. Boys and girls should stay away from each other’s cabin areas.
7. No fires will be built on camp property without the permission of the Camp Director.
8. Students responsible for destruction or defacing of facilities will be required to repair damages and will be billed for repairs.
9. All staff members must be obeyed and treated with respect at all times.
10. Students must adhere to the approved supplies list.
11. This is not meant to be an exhaustive list. All students are expected to maintain proper behavior, the same as would be expected at school.
**Dietary Concerns**
All dietary concerns should be confirmed with the food service director prior to camp. If your student has a dietary concern (eg: Celiac disease) please contact the camp by calling 740-747-0220. Please indicate that your student will be attending Outdoor Education with (Ridgeview/Lakeview JH) on (June 1-3/3-5).

**Medication**
- All medication and first aid supplies coming to Heartland are to be turned in and will be administered by a Health Officer.

- All medications, prescription or non-prescription, are to be in their **ORIGINAL CONTAINERS** and sent in a Ziploc bag with the student’s name on it.

- Prescription medicines MUST be in their original containers and have the following information on the prescription label:
  1. Student Name
  2. Name of Prescription Drug
  3. Administration directions (dose, time, route)

- Please send only the amount of medication needed for the camp trip.

- Heartland provides many over-the-counter medications a student might need during their stay at camp like Tylenol, Advil, Band-aids, etc. Please do not send OTC medication unless it is something very specific (eg: Zyrtec)
Heartland Retreat Center
County Road 225
Marengo, OH 43334
740-747-0220
www.heartlandOE.com

Driving Directions

From I-71

Take Exit 140, St. Rt. 61 South.
Turn right (west) on Co. Rd. 15.
County Road 15 will go back over I-71.
Turn right (north) on County Road 218. Turn
left (west) on County Road 225. The entrance
to Heartland is on the right.

From Route 23

Turn east on St. Rt. 229 and continue through
the town of Ashley. Turn right (south) on Co. Rd.
24, then left (east) on Co. Rd. 225.* The entrance
to Heartland is on the left.

*IMPORTANT: BUSES AND RVS CANNOT USE
Co. Rd. 24 to Co. Rd. 225 DUE TO LOAD LIMITS.
For Buses and RVs: Instead of turning right (south) on Co. Rd. 24, continue to Co. Rd. 218
and then turn right (south). You will come to a
sharp left curve. After the curve, turn right to
stay on Co. Rd. 218. Go 1 mile and turn right
(west) on Co. Rd. 225. The entrance to Heartland
is on the right.