



Body Talk

Mother & Daughter Workshop

*This inspirational and interactive workshop is designed for Mothers and Daughters to share their feelings, opinions and learn about issues we face each day regarding body changes, self image, self-esteem and healthy eating.**

Date: Saturday, April 24, 2010

Time: 9:00am – 12:30pm

Location: Nationwide Children's Hospital – 255 E. Main Street,
Columbus, Ohio 43205

Audience: This program is designed specifically for girls in grades 5-8

Fee: \$20 per (lunch included), \$8 for additional guests

*This workshop includes, instruction, educational materials and lunch

For more information or to register, contact the
Community Education Department at (614) 355-0662
or visit www.nationwidechildrens.org/edu

