## MIDDLE SCHOOL LUNCH MENU 2014-2015

### MONDAY
- All Beef Hot Dog on Bun
- Yummy Baked Beans
- Romaine Salad / Dressing
- Cucumber Slices & Dip
- Craisins
- Crispy Chicken Tenders
- Soft Wheat Pretzel Rod
- Seasoned Green Beans
- Carrot Sticks & Dip
- Chilled Fruit Cup
- Footlong Hot Dog on Bun
- Yummy Baked Beans
- Romaine Salad / Dressing
- Celery & Dip
- Orange Wedges
- Chicken Sticks w/Roll
- Homemade Cole Slaw
- Carrot Stix / Dip
- Apple Chips

### TUESDAY
- Crispy Chicken Nuggets
- Warm Garlic Toast
- Steamed Golden Corn
- Romaine Salad / Dressing
- Pineapple & Pudding Cup
- Popcorn Chix & Fortune Cookie
- w/Steamed Brown Rice
- Steamed Mixed Veggies
- Romaine Salad / Dressing
- Chilled Mandarin Oranges
- Crispy Chicken Nuggets
- w/Warm Garlic Toast
- Steamed Golden Corn
- Romaine Salad / Dressing
- Craisins

### WEDNESDAY
- Big Daddy’s Pizza
- Romaine Salad / Dressing
- Carrot Sticks & Dip
- Cherry Tomatoes
- Fresh Fruit
- Stuffed Crust Pizza
- Oven Baked Tator Tots
- Romaine Salad / Dressing
- Variety of Fresh Fruit
- Big Daddy’s Pizza
- Romaine Salad w/Dressing
- Carrot Sticks & Dip
- Fresh Fruit

### THURSDAY
- Chicken Patty on Bun
- Steamed Garlic Broccoli
- Romaine Salad / Dressing
- Celery & Dip
- Warm Cinnamon Apples
- Cheese & Pepper Breadsticks
- w/Marinara Sauce
- Romaine Salad w/Dressing
- Golden Corn & Carrots
- Chilled Peaches
- Cheese Ravioli
- w/Marinara Sauce
- Warm Garlic Toast
- Steamed Green Beans
- Fruit Cup
- Italian Pasta w/Meat Sauce
- Warm Breadstick
- Romaine Salad / Dressing
- Cowboy Corn Salad
- Variety of Fresh Fruit

### FRIDAY
- Breakfast For Lunch
- Cheese Omelet
- French Toast Stix w/LI Syrup
- Hash Brown Stars
- Juice Cup
- Soft Shell Taco
- w/Salsa/Lettuce/Cheese
- Refried Beans
- Romaine Salad w/Dressing
- Applesauce Cup
- Baked Chicken Drumstick
- Dinner Roll
- Whipped Mashed Potatoes
- California Vegetable Blend
- Applesauce Cup
- Mini Turkey Corn Dogs
- w/Side of Mac & Cheese
- Steamed Peas
- Carrot Sticks & Dip
- Jell-O & Chilled Fruit Cup

### MENU IS SUBJECT TO CHANGE

**Milk is included with all lunches. USDA is an equal opportunity provider and employer.**

### DAILY ALTERNATE MENU ITEMS

- Yogurt Lunch
- Turkey & Cheese Sandwich
- Tossed Salad w/Chicken
- Monday-Tuesday-Wed = Hot Dog
- Thursday-Friday = Grilled Cheese

**Please see www.pickerington.k12.oh.us or the MEALTIME MESSENGER MAGAZINE for additional school food service resources.**

### REGULAR LUNCH PRICE - $2.65
- REDUCED - $.40

### BREAKFAST PRICE - $1.50
- REDUCED - $.30

### EXTRA MILK - $.50

To make pre-payments or check on your child’s lunch account, please use:
- MyPaymentsPlus.com
- 1-877-237-0946

**Free & Reduced Applications are available on-line at**
- [https://www.onlineapps.pickerington.k12.oh.us](https://www.onlineapps.pickerington.k12.oh.us)

Pickerington Local Schools strives to provide safe nutritious food. However, we cannot guarantee trace amounts of potential allergens not listed on food labels for sensitive individuals. Upon request, please call our office at 614-833-3645 for ingredient listings.

### BREAKFAST MENU

See local school cafeteria for daily breakfast menu

### SMOOTHIE KING

Offered once a month!
Check Cafeteria for dates